



Ascensia Coaching

Create a Life You Love
Be Empowered and Take Action

From GOOD to GREAT

The ultimate 7 success keys to achieving your wildest dreams, goals and ambitions EASILY, QUICKLY and with ENERGY!

Success Key # 3 – WHY POWER

Making it happen, every time

Defining your “WHY POWER” for each of your top three 2017 GOALS.

Use the “Why this is important to me?” and the “What this mean to me” questions and replace the this you’re your defined goal. Here are a few examples:

- Why is taking back control of my time important to me?
- What would having more free time mean to me?
- Why is taking back control of my life important to me?
- What would going after my dreams mean to me?
- Why is becoming productive important to me?
- What would becoming a productivity ninja mean to me?
- What would having extra income and being debt free mean to me?
- Why is being fit and having lots of energy important to me?
- What would buying my ideal home mean to me?
- Why is changing job important to me?

Go ahead now and identify and write your “why” for each of your top 3 goals.

Goal 1 _____

Why? _____

Goal 2 _____

Why? _____

Goal 3 _____

Why? _____



Be Empowered and Take Action
Coaching and Training for Stress-Free Productivity

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Success Key #3 - WHYPOWER

Making it happen, every time

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Take a moment to reflect what resonated with you the most with this exercise and blog. Share in the comments section of the blog your thoughts, questions and pearls of wisdom.

Until next time, wishing you EASY living...

Warmly,

Tanya



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